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SQA PDA Counselling Children & Young People (age 10-18) Course schedule 2025/2026

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| **​Unit Title** | **Teaching Team & Dates​** | | **Cohort 3 Course content** | **Assignments & submission dates​** | **Tutor Feedback Dates** |
| Unit 1​  Ethics and Professional Standards | 1​.  Heather & PM | 20/09/2025​ | ​Introduction to differences and factors in counselling CYP | ​ |  |
| 2​  Samantha HW & PM | 25/10/2025 | ​Practicing Therapy: Points of law and ethics | ​ |  |
| 3  ​Heather & PM | 15/11/2025 | ​Practicing therapy safely: safeguarding and risk | ​ |  |
| 4  ​Pamela & HW | 13/12/2025 | Preparing for practice  ​ | ​Readiness to Practice: Assignment 1 (Presentation) |  |
| ​ | ​ |  | Assignment 2 (Essay)​ 20/12/2025 | 20/02/2026 |
| Unit 2​  Safe and Competent Practice | 5​  Pamela & HW | 17/01/2026 | ​ CBT approach to CYP | ​ |  |
| 6​  Heather & PM | 21/02/2026 | Person centred approach to CYP | Assignment 3 (Recording for Transcript)​ |  |
| 7​  Andy, PM & HW | 14/03/2026 | ​Psychodynamic approach to CYP | ​Assignment 3 (Transcript) 21/03/2026 | 02/05/2026 |
| 8​  Pamela & HW | 25/04/2026 | ​Erikson and the psychosocial model | ​ |  |
| 9​  Heather & PM | 16/05/2026 | ​Bowlby and Attachment theory | ​ |  |
| 10​  Pamela & HW | 13/06/2026 | ​Winnicott and the facilitating environment | ​Assignment 4 (Case Studies) 06/06/2026 | 18/07/2026 |
|  |  |  | Assignment 5 (Portfolio)​  (12/09/2026 or on completion of 50 practice hours)​ | 24/10/2026 or 6 weeks after submission |
| ​Optional additional 2 days | Dates to be confirmed | Creative play-based activities when working with CYP |  | Certificate of attendance |