

SQA PDA Counselling Children & Young People (age 10-18) Course
schedule 2025/2026

Unit Title	Teaching Team & Dates		Cohort 3 Course content	Assignments & submission dates	Tutor Feedback Dates
Unit 1 Ethics and Professional Standards	1. Heather & PM	20/09/2025	Introduction to differences and factors in counselling CYP		
	2 Samantha HW & PM	25/10/2025	Practicing Therapy: Points of law and ethics		
	3 Heather & PM	15/11/2025	Practicing therapy safely: safeguarding and risk		
	4 Pamela & HW	13/12/2025	Preparing for practice	Readiness to Practice: Assignment 1 (Presentation)	
				Assignment 2 (Essay) 20/12/2025	20/02/2026
Unit 2 Safe and Competent Practice	5 Pamela & HW	17/01/2026	CBT approach to CYP		
	6 Heather & PM	21/02/2026	Person centred approach to CYP	Assignment 3 (Recording for Transcript)	
	7 Andy, PM & HW	14/03/2026	Psychodynamic approach to CYP	Assignment 3 (Transcript) 21/03/2026	02/05/2026
	8 Pamela & HW	25/04/2026	Erikson and the psychosocial model		
	9 Heather & PM	16/05/2026	Bowlby and Attachment theory		
	10 Pamela & HW	13/06/2026	Winnicott and the facilitating environment	Assignment 4 (Case Studies) 06/06/2026	18/07/2026
				Assignment 5 (Portfolio) (12/09/2026 or on completion of 50 practice hours)	24/10/2026 or 6 weeks after submission
	Optional additional 2 days	Dates to be confirmed	Creative play-based activities when working with CYP		Certificate of attendance